

**Institutional Review Board of Mazandaran University the
University of Mazandaran**

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To: The Journal of Sports Medicine and Physical Fitness, University of Ottawa

Dear Editor in Chief,

Merry Christmas and Happy New Year!

We ~~write to you regards~~ are writing this letter in regard to the manuscript number “J Sports Med Phys. Fitness-5436” entitled (“Dynamics of ~~heart-Heart rate-Rate variability-Variability~~ in ~~different-Different agesAges: the effect-Effect~~ of the ~~arm-Arm erank-Crank~~ and ~~eyele-Cycle ergometer-Ergometer~~ Protocols)” ~~that is~~ which has been submitted to your journal. ~~Thanks-We~~ wish to express our appreciation for ~~your attention~~ the attention you are showing about human health care ~~in-on~~ experimental work ~~which have been~~ done by our researchers (Zolfaghari, Hossein and Hamidi, Mehrdad). The aforementioned study was approved by Institutional Review Board of the University of Mazandaran ~~institutional review board of Mazandaran University~~ and was registered under number “2169204”.

With ~~best-Best regards~~ Regards
Institutional Review Board
University of Mazandaran

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